

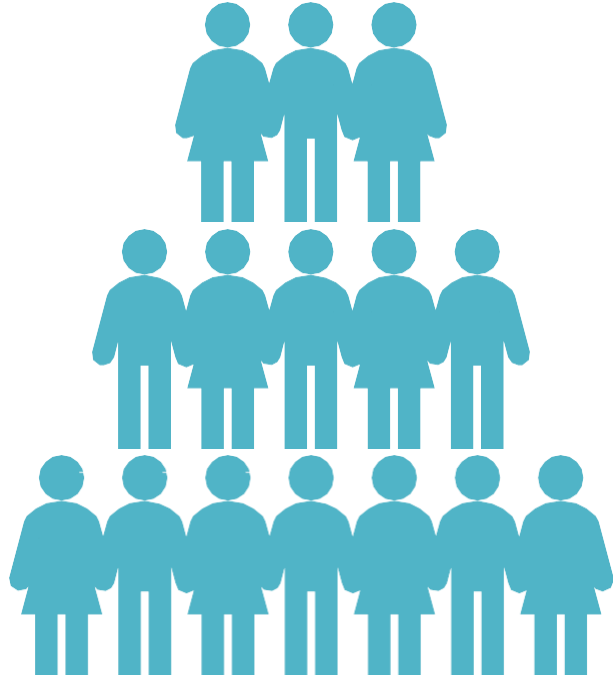


MILES FOR **MELANOMA**

Virtual Race 2020



Hello!



Thank you for registering your dedicated team to join us this season!

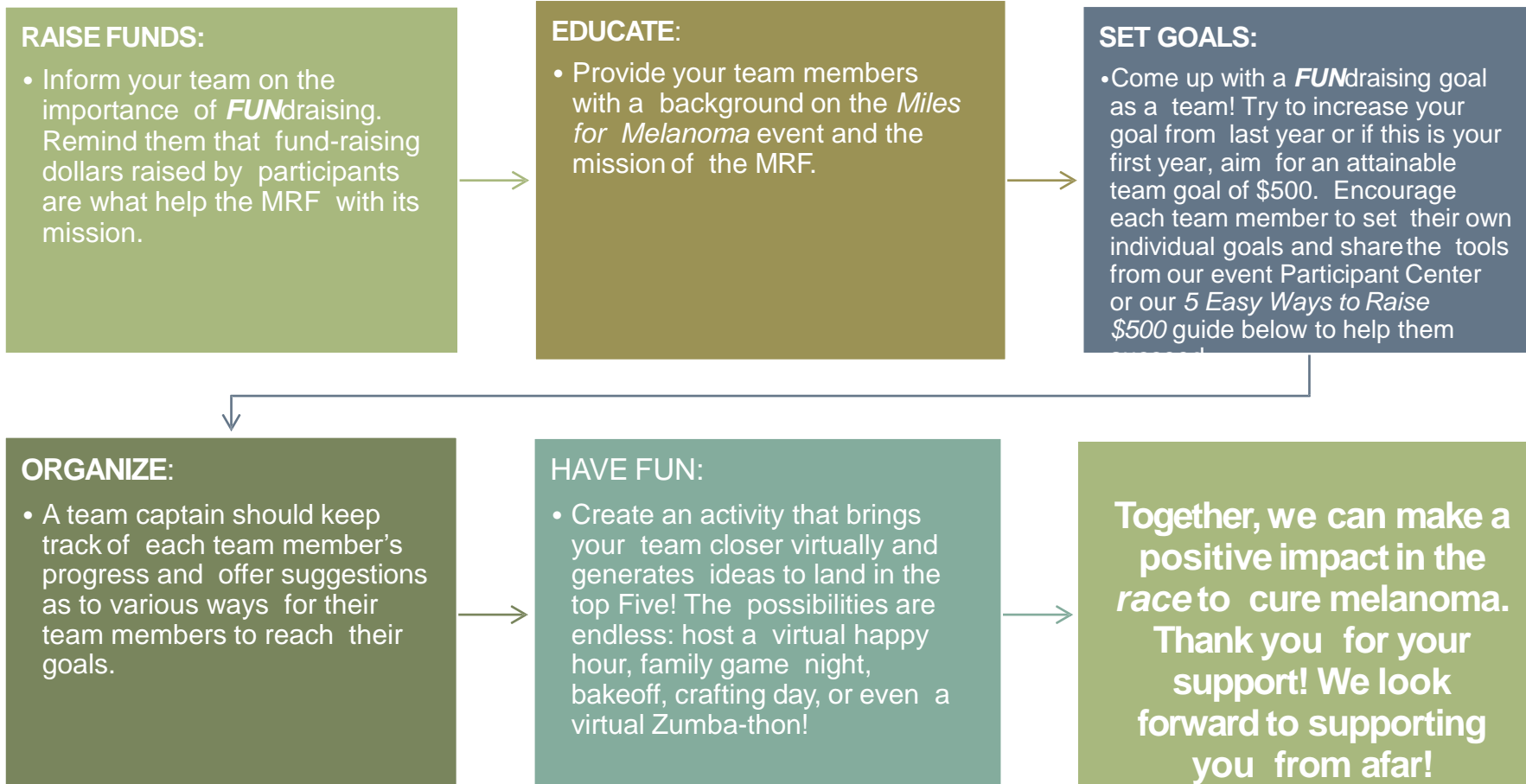
We look forward to having you and your team join us as we raise funds to increase *research, education* and *advocacy* for the melanoma community. A Team Captain is an integral part of not only the Miles for Melanoma community but the overall mission of the Melanoma Research Foundation.

This year, we will be adhering to social distancing guidelines and moving many of our events virtual. With your amazing support, we can exceed our **goal of \$1 million for the 2020 Miles for Melanoma season** and make a life-changing impact in our local community.

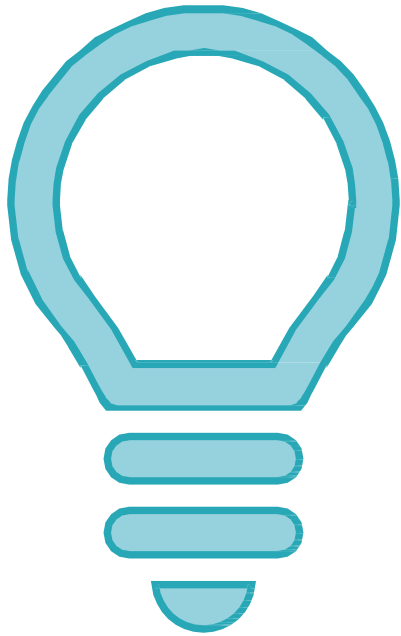
This Team Captain Welcome Packet is a resource to help you create and manage a successful team, in order to make the most impact. It will help you recruit team members and lead them in their fund-raising efforts.

As the captain of a team, you will be the primary point of contact for your team members. It is your job to create the team, invite people to join and keep members motivated, inspired and informed of the team's progress. You will be responsible for making sure that every member is registered and ready to help your team raise funds.

As a Miles for Melanoma Team Captain, your role is to:



5 Ways to Raise \$500 and Help Reach Your Goal



1. **Self-Donate**

What better way to start your fundraising then to show support for your team! Donate \$25 to get started and ask 3 friends to do the same. Be sure to use your Participant Center to send emails so you can track who donated. You are already at \$100!

2. **Fitness for Fundraising**

Health is on everyone's mind so rally your "work from home" co-workers and ask them to contribute \$5 for every fitness challenge you complete. If you rally at least 20 colleagues, you are already half-way to your goal at \$200!

3. **Fundraise from your Feed**

We all love to support our friends and family so create a Facebook fundraiser and ask them to support your efforts by donating to a cause that is important to you! If just 5 of your friends donate \$25 each, you are up to \$325!

4. **Get Social**

What better way to share your passion for the MRF and excitement about participating in Miles for Melanoma then sharing it with your social community. Create a competition among friends to see who could help you raise \$100 in 10 hours-offer a small gift (a giftcard to support somewhere local) to the person who puts you over the top...then invite them to join your team 😊 Remember to tag us: @Melanoma.Research.Foundation...By the way, you are at \$425!

5. **Closet Clean Out**

You know the items in your closet that you haven't worn in over a year? Well, odds are, your friends/ family have a few items as well. Donate your clothing and invite your friends/family to make a \$5 donation for every item you give away. Say goodbye to 10 items and easily gain \$50.

Thank YOU
for
supporting
Miles for
Melanoma
2020!



If you have any questions about the 2020 Miles for Melanoma events, please contact:



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